

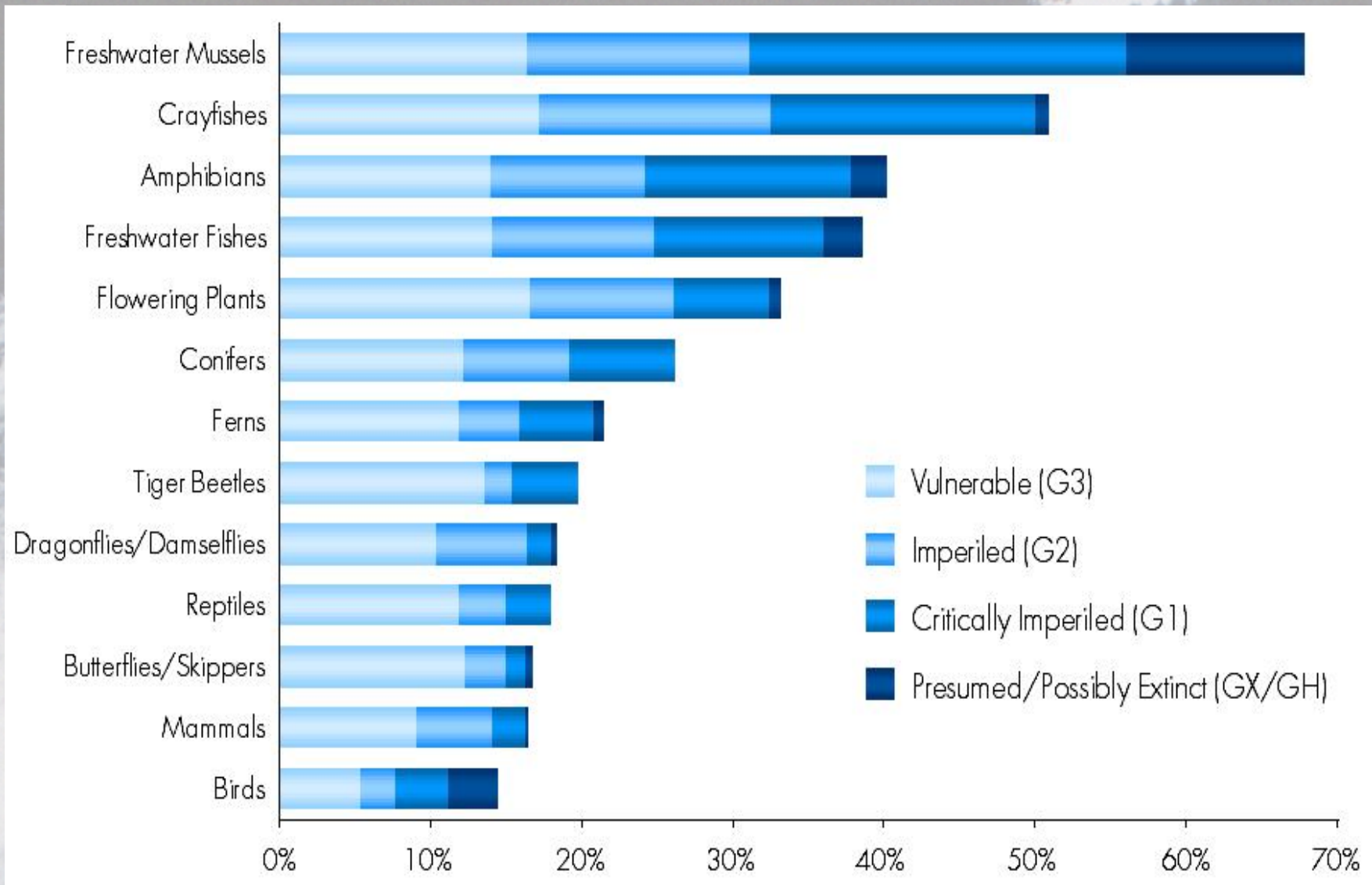
# Limits of Hydrologic Alteration: A New Approach for Protecting Streamflows

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The Nature Conservancy  
Eastern U.S. Freshwater Program

Massachusetts Stream Flow Conference  
April 29, 2005

# Proportion of U.S. Species at Risk





# Freshwater Ecosystems

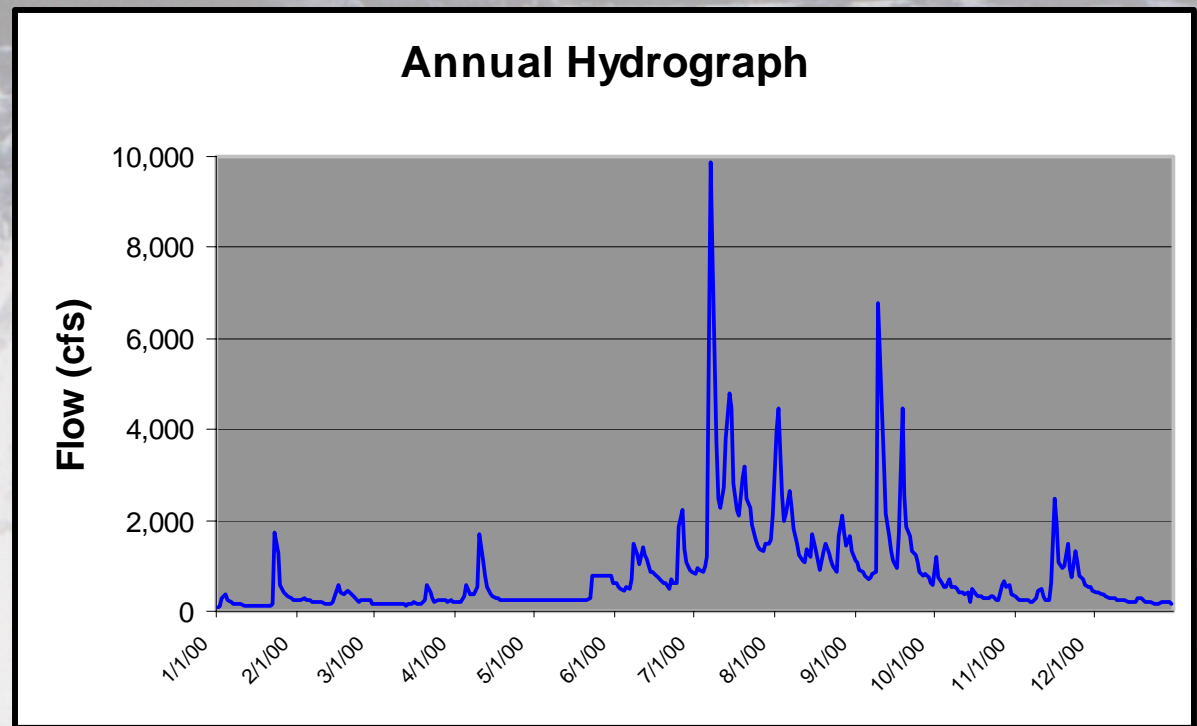
## *Causes of Species Loss...*

- Water Quality Degradation
- Habitat Destruction and Fragmentation
- **Changes in Natural Flows**



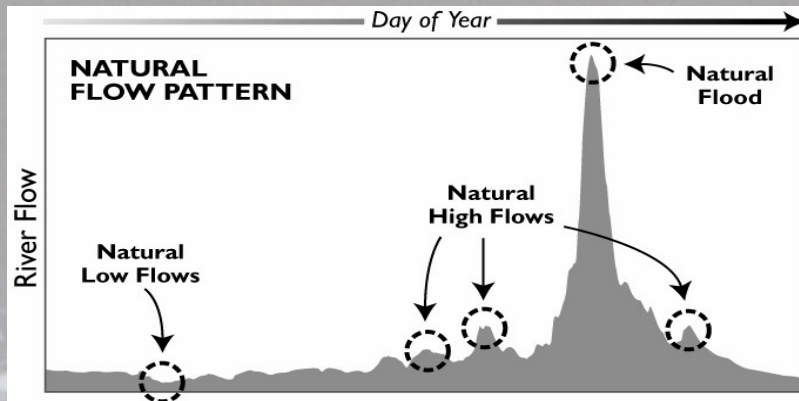
# Hydrologic Regime

- *Magnitude*
  - *Frequency*
  - *Duration*
  - *Timing*
  - *Rate of change*
- **Inter- and Intra- Annual Variability**



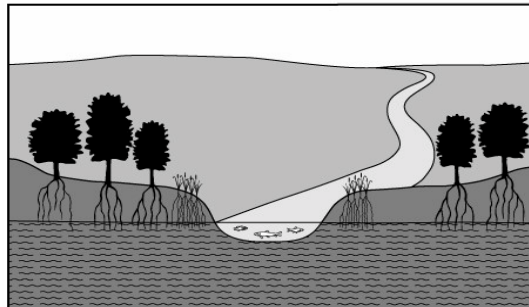


# It's Not Just a Matter of Water Volume...



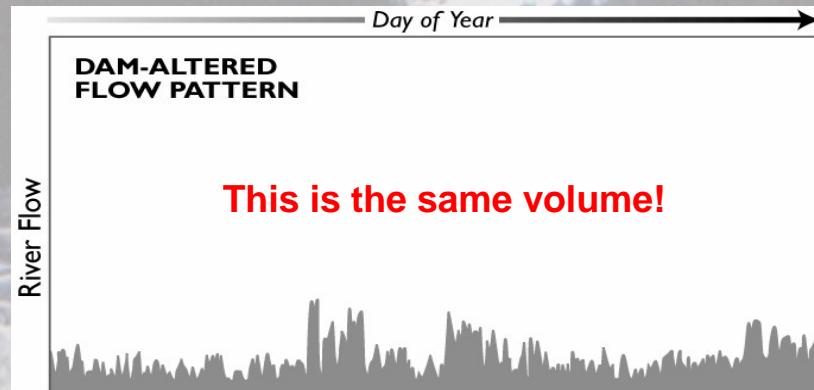
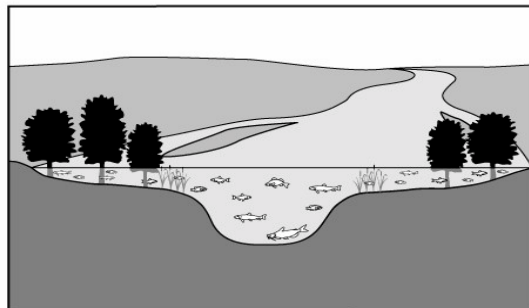
## Natural Low Flow

- Fish have adequate oxygen and can move up- or downstream to feed
- Riparian vegetation sustained by shallow ground water table
- Insects feed on organic material carried downstream
- Birds supported by healthy riparian vegetation and aquatic prey



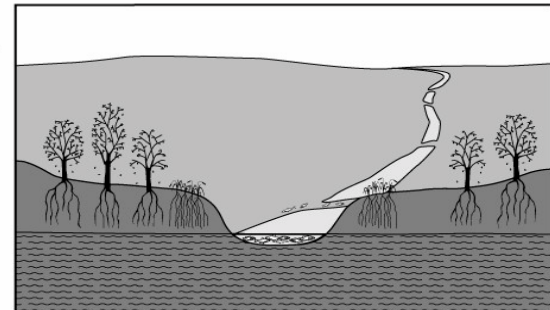
## Natural Flood

- Fish are able to feed and spawn in floodplain areas
- Riparian plant seeds germinate on flood-deposited sediments
- Insects emerge from water to complete their lifecycle
- Wading birds and waterfowl feed on fish and plants in shallow flooded areas



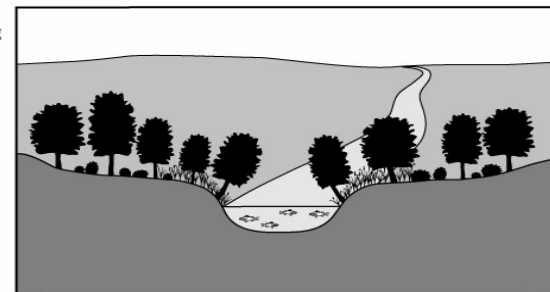
## Inadequate Low Flow

- Fish are overcrowded in poor-quality water; cannot move to other feeding areas
- Riparian plants wilt when ground water table drops too low
- Insects suffer when water levels rise and fall erratically
- Birds unable to feed, rest, or breed in tree canopy



## Absence of Flood

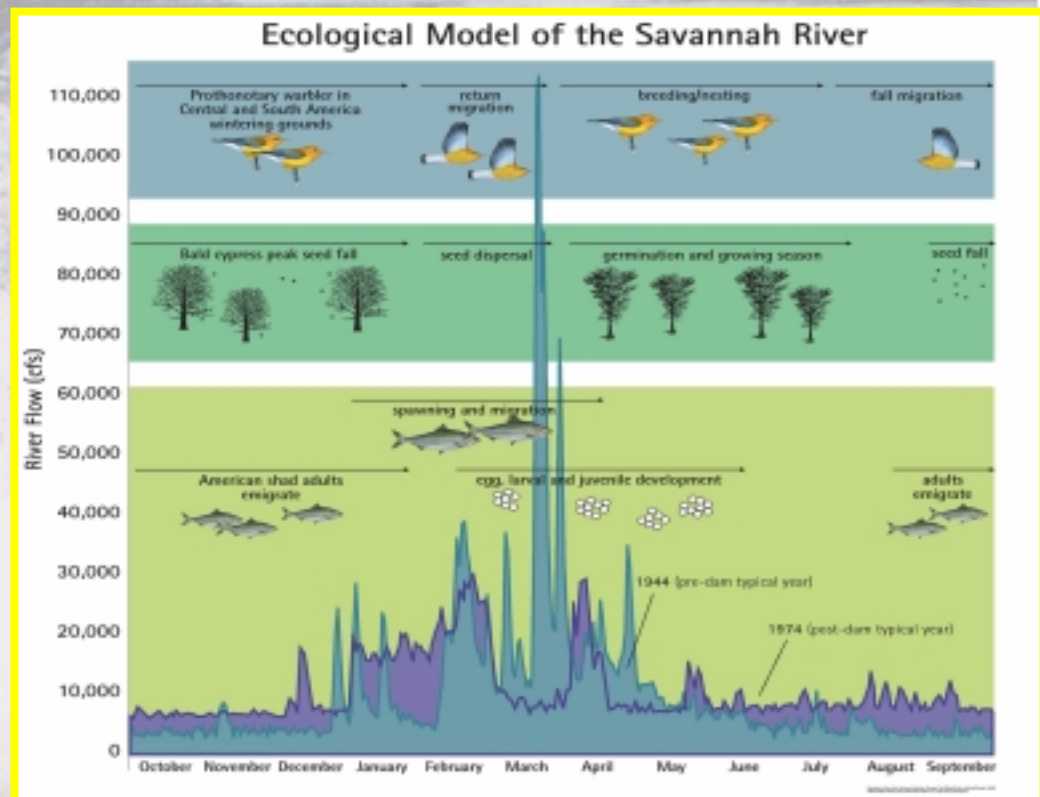
- Fish unable to access floodplain for spawning and feeding
- Riparian vegetation encroaches into river channel
- Insect habitats smothered by silt and sand
- Many birds cannot use riparian areas when plant species change



From: Rivers for Life: Managing Water for People and Nature, Postel and Richter

# TNC Environmental Flows Principles

- Restore and maintain the natural hydrologic regime and its natural variability to the greatest extent possible.
- The goal is *not* to create optimal conditions for all species all of the time; rather, we want to create adequate conditions for all native species *enough* of the time





# TNC and Environmental Flows

- **Developed IHA Software and RVA approach**
- **Sustainable Rivers Project**
- **EPA Funded Project on Water Supply Management**
- **Science Support for Eastern States on Instream Flows**





# Ecologically Sustainable Water Management

## *What's Missing in Water Quantity Management?*

- **Clear management goals for our rivers that explicitly recognize the ecological need for variable flows**
- **State programs designed to achieve these management goals**
  - *Permitting processes that are 1) ecologically protective; 2) balanced in sharing responsibility*
- **A systematic and efficient process for setting limits of hydrologic alteration across multiple rivers (e.g., state-wide)**

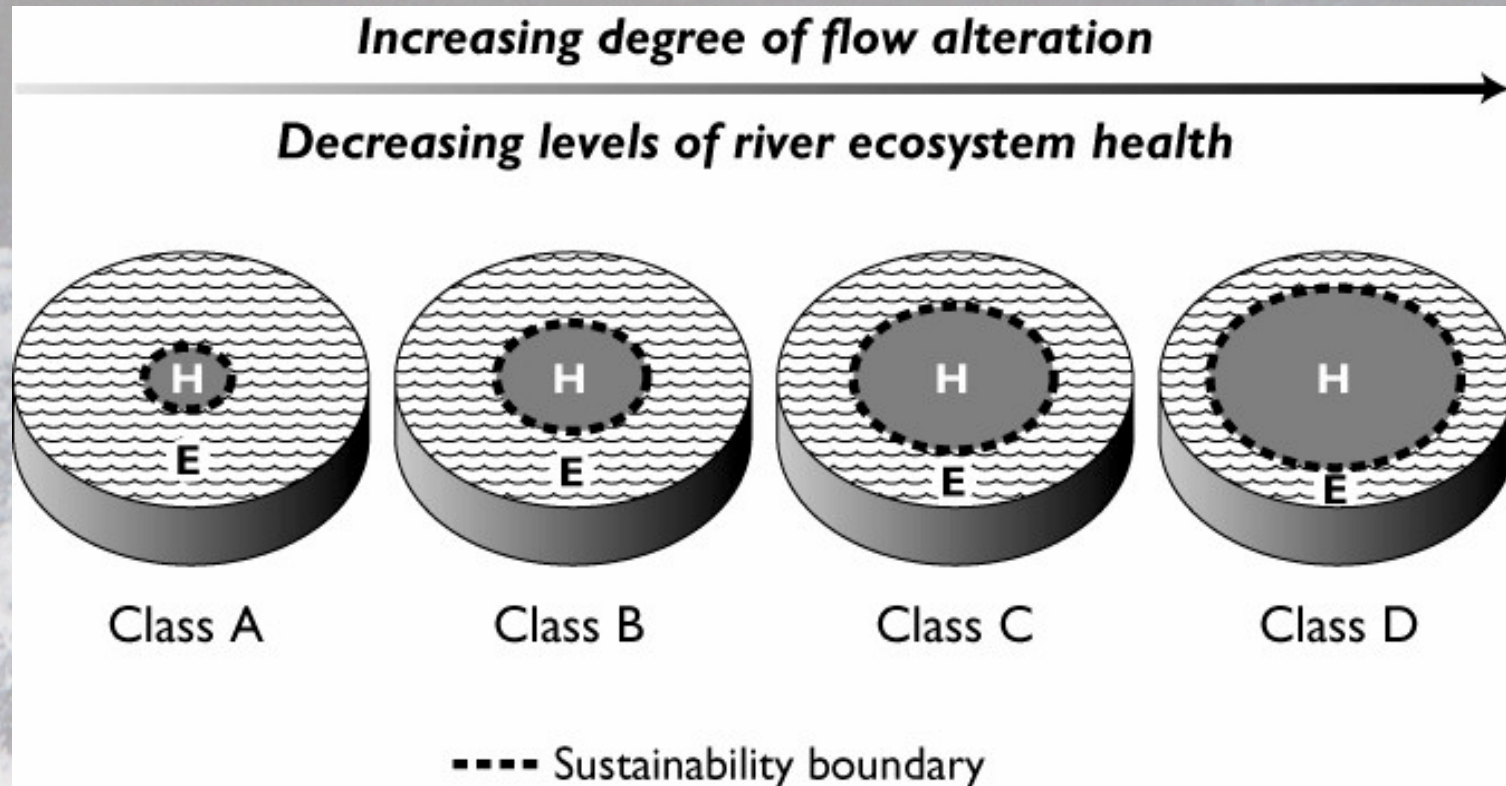


# Limits of Hydrologic Alteration (LOHA) Framework

*LOHA is an approach founded upon three basic concepts:*

- Environmental flow recommendations should be based on long-term ecosystem health, rather than single species management  
(e.g., Arthington *et al.* 1992; Richter *et al.* 1997; Poff *et al.* 1997; Dyson *et al.* 2003; Annear *et al.* 2004)
  - Ecosystem health is best supported by the natural flow regime, and departures from natural flows will result in ecosystem degradation  
(e.g., Arthington *et al.* 1992; Poff *et al.* 1997; Richter *et al.* 2003; Bunn and Arthington 2003; Annear *et al.* 2004)
  - The health of rivers can be described as spanning a spectrum of degradation such as “excellent” to “poor”  
(e.g., Petts 1996; King *et al.* 2004; Richter and Postel 2003; USEPA 2004)
- **These river health classes can be used as a basis for goal-setting and applied to defining allowable flow alteration for all rivers in a state**

# Ecological Goal Setting



**From: “Rivers for Life: Managing Water for People and Nature”**

**by Sandra Postel and Brian Richter (Island Press 2003)**

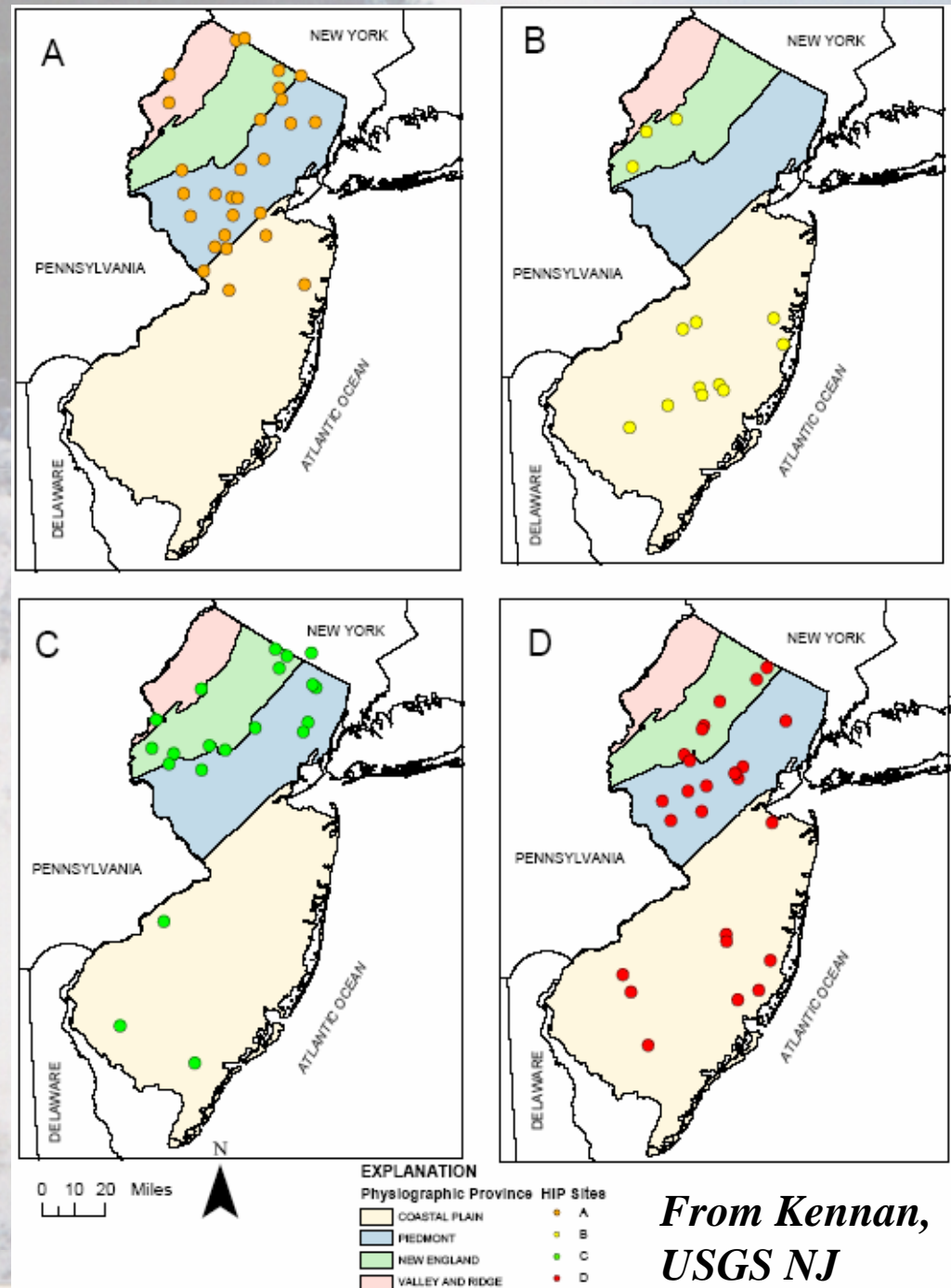


# LOHA Steps

**River Classification:** Separate rivers into types based on physiography, hydrology, and ecological characteristics:  
*one size does not fit all for management*

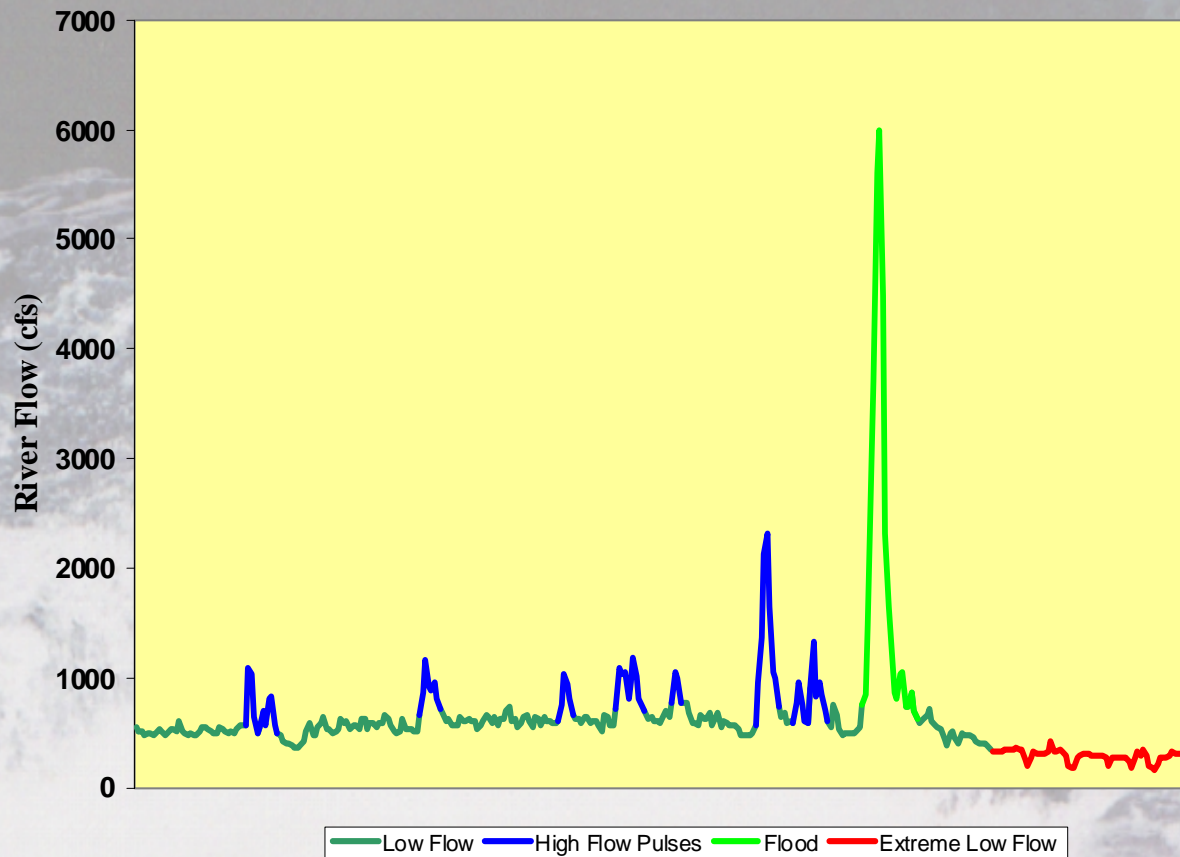
## NJ Example:

- Analyzed index gage flow regimes and determined 4 distinct hydrologic stream types which added detail to physiography



# Ecological Flow Components

Components include: extreme low flows, base flows, seasonal high pulses, small floods & floodplain maintenance flows



The natural hydrologic regime can be dissected into recognizable, repeating hydrograph patterns each of which play important ecological roles (Arthington *et al.* 1992; King and Louw 1998; Richter and Postel 2003)



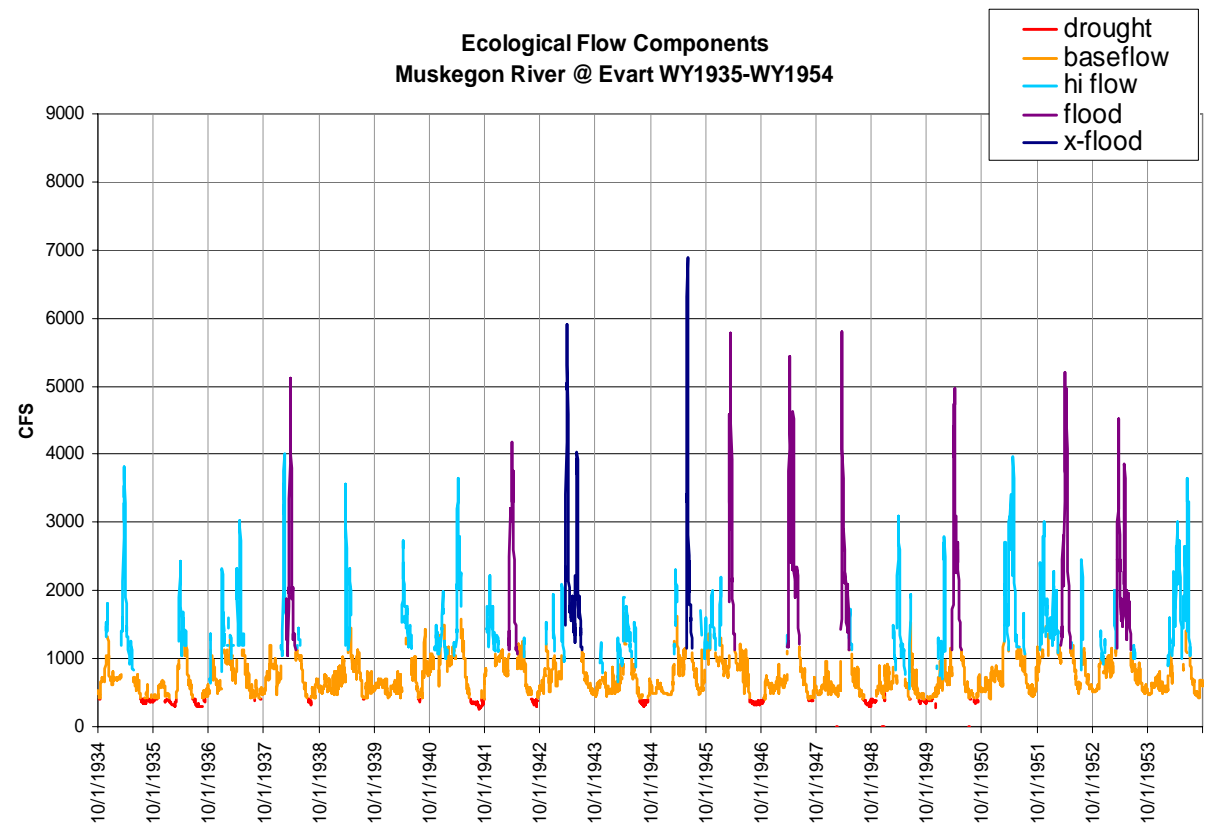
# Hydrologic Characterization:

## Define:

- 1) naturalized time series;  
and
- 2) current condition time  
series at major  
withdrawal points

**Example:** Texas Water  
Availability Model  
assesses natural flows,  
existing water  
allocations, and  
potential future  
allocation scenarios

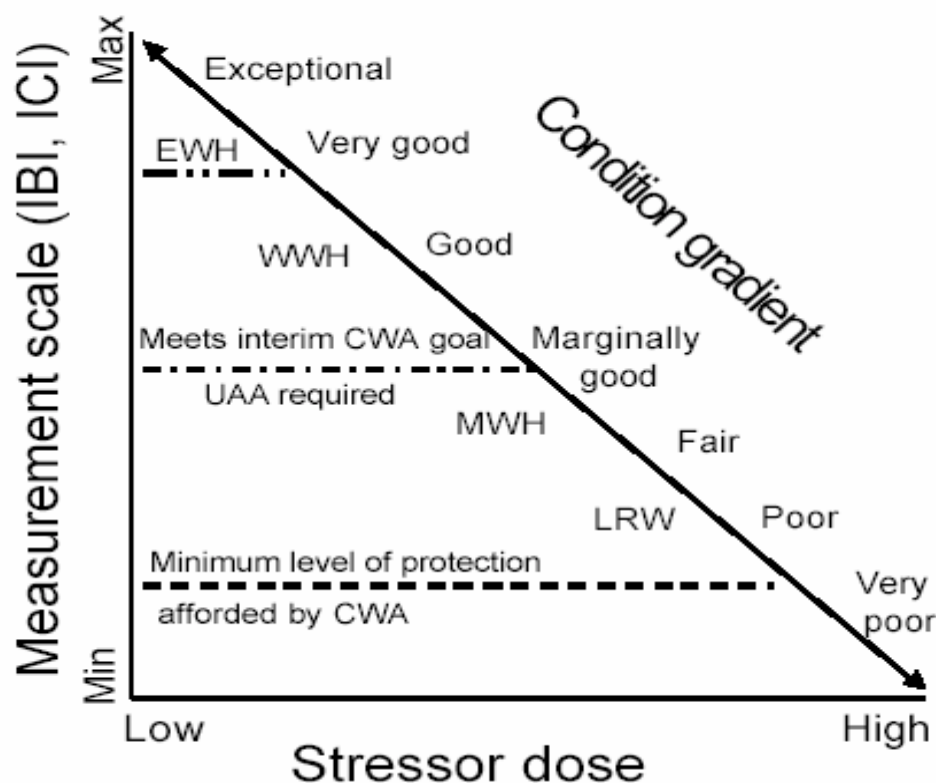
# LOHA Steps



## Establish a Biological Condition Gradient to Develop “Hydrologic Criteria”

- Flow alteration, like other stressors, can be generally quantified as having a gradient of impacts to biological condition
- This link can be made quantitatively, but also qualitatively, based on expert input and will likely vary based on river type.

## LOHA Steps



*From Karr and Yoder, in press*



## LOHA Template:

Relate  
ecological  
condition  
classes to an  
allowable  
degree of  
alteration

Ecological Condition Class	Description of Biological Condition	Limits of Hydrologic Alteration (Deviation from reference condition for a hypothetical river type)
1	<i>Native or reference condition</i>	Extreme low flow duration: < 5% <b>Seasonal base flow magnitudes:</b> < 10% High-flow pulse frequency: < 10% Small flood magnitude: < 10% Large flood magnitude: < 15%
2	<i>Minimal changes to biotic community</i>	Extreme low flow duration: < 10% Seasonal base flow magnitudes: < 15% High-flow pulse frequency: < 20% <b>Small flood magnitude:</b> < 25% Large flood magnitude: < 25%
3	<i>Moderate changes to biotic community</i>	Extreme low flow duration: < 15% Seasonal base flow magnitudes: < 20% <b>High-flow pulse frequency:</b> < 30% Small flood magnitude: < 40% Large flood magnitude: < 40%
4	<i>Severe changes to biotic community</i>	<b>Extreme low flow duration:</b> < 20% Seasonal base flow magnitudes: < 25% High-flow pulse frequency: < 50% Small flood magnitude: < 50% Large flood magnitude: < 50%



# LOHA Method: Implementation

- **Set Goals: Assign Rivers a Desired Ecological Condition Class**

*Set health goals for rivers or river segments (i.e., tiered aquatic life uses)*

- **Assess Compliance with Hydrologic Criteria**

*Criteria dependent upon the river's Class; flows assessed in relation to reference condition*

- **Design Protection Strategies for Rivers Meeting Criteria**

*Analogous to water quality anti-degradation policies; facilitates review of new permit applications*

- **Design Restoration Strategies for Rivers Out of Compliance**

*Analogous to TMDLs; facilitates watershed-based approaches for streamflow restoration*